# A Longitudinal Study of Cognitive Function in Classical Homocystinuria (HCU) Demonstrates Distinct Deficits in Inhibitory Control

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### **Table 1. Demographics and Baseline Characteristics** Sixty-two patients with HCU were enrolled as of 15 JUL 2021 (52% male; age range 5-53 years; 94% white) and had a median of 5 visits over 3.3 years

median of 5 visits over 515 years					
	Pediatric (N=30)	Adult (N=32)	Total (N=62)		
Age (years), mean (SD)	10.3 (3.5)	33.0 (9.9)	22.0 (13.7)		
Age group, n (%)					
5 to 11 years	18 (60.0)	0	18 (29.0)		
12 to 17 years	12 (40.0)	0	12 (19.4)		
18 to 65 years	0	32 (100.0)	32 (51.6)		
Gender, n (%)					
Male	15 (50.0)	17 (53.1)	32 (51.6)		
Female	15 (50.0)	15 (46.9)	30 (48.4)		
Race, n (%)					
White	29 (96.7)	29 (90.6)	58 (93.5)		
Black or African American	1 (3.3)	2 (6.3)	3 (4.8)		
Not Provided	0	1 (3.1)	1 (1.6)		
Baseline homocysteine level (μΜ), mean (SD)*	89.1 (81.1)	129.4 (96.2)	109.6 (90.6)		
Concomitant medications, n (%)					
Betaine	22 (73.3)	24 (75.0)	46 (74.2)		
Vitamin B6	25 (83.3)	15 (46.9)	40 (64.5)		
Metabolic formula	16 (53.3)	10 (31.3)	26 (41.9)		

#### Table 2. Intra-class Correlation Coefficient (ICC) for **NIHTB-Cognition Battery**

- Intra-class correlation (ICC) scores indicated a high level of stability in cognition scores across the study period
- Higher ICC values mean greater stability in scores. The data below generally mean that the scores were very stable over time (5 visits).

Individual Domain Scores	ICC Value			
Fluid Cognition				
Inhibitory Control	0.81			
Cognitive Flexibility	0.71			
Working Memory	0.74			
Episodic Memory	0.60			
Processing Speed	0.74			
Crystallized Cognition				
Word Reading	0.83			
Receptive Vocabulary	0.74			
Composite Scores	ICC Value			
Fluid Cognition Composite	0.82			
Crystallized Cognition Composite	0.86			
Cognitive Function Composite	0.90			

\*Pediatric, N=27; Adult, N=28; Total, N=55. SD, standard deviation.

#### Figure 2. Median NIHTB-Cognition Battery Individual Domain and Composite Scores of Visits 1-5

- Overall cognition was found to be impaired in HCU patients with a cognitive function composite mean score of 86.8 (SD=20.00)
- Large differences were observed in cognitive performance between subdomains, with the greatest deficit in inhibitory control (mean=81.0, SD=16.47), while receptive vocabulary was nearly normal (mean=98.0, SD=15.49)



#### Figure 3. Mean Difference in NIHTB-CB Scores for Cognitive Performance by Age and Treatment with Betaine or **Formula**

 Concomitant treatment with betaine or formula was associated with significantly higher cognition scores in several subdomains, as well as the mean cognitive function composite (no betaine versus betaine, 77.3 and 89.5, respectively, p=0.012)

Individual Domain Scores	Age	Betaine	Formula
Fluid Cognition			
Inhibitory Control			
Cognitive Flexibility		9.6*	9.7*
Working Memory			
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## CONCLUSIONS

- This is the first study to examine cognitive deficits in classical homocystinuria (HCU) patients longitudinally using the NIH Toolbox Cognition Battery (NIHTB-CB)
  - This study confirms that HCU still leads to substantial cognitive deficits despite current standard-of-care treatment provided in key academic centers
  - Intra-class correlation coefficient (ICC) analysis indicated that cognitive scores were stable over the period studied. The expectation from these results translates to stability in cognition over  $\sim 2$  years.
  - Subdomain analysis of the NIHTB-CB demonstrated the greatest deficit in inhibitory control
  - Subgroup analyses showed that betaine and formula treatment were associated with higher cognitive scores (eg, cognitive flexibility), indicating that these domains may be more responsive to treatment
  - These results suggest there are unique areas of cognition affected by HCU as measured by the NIHTB-CB and provide support for focused evaluation and treatment

#### DISCLOSURES

BG, MSM: Consultant, Travere Therapeutics. SV, FG, YC, MS, LP: Employees and stockholders, Travere Therapeutics. **HL:** Investigator and consultant, Travere Therapeutics, Inc.

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- Classical homocystinuria (HCU) is a slowly progressive genetic disease due to mutations in the cystathionine beta-synthase (CBS) gene, which leads to elevated homocysteine in the body1
- HCU is characterized by developmental delay/intellectual disability, ectopia lentis and/or severe myopia, skeletal abnormalities (excessive height and length of the limbs), and thromboembolism<sup>1</sup>
- Neuropsychiatric abnormalities are common in HCU; however, the presentation is variable<sup>2</sup>
- Although there exists a solid foundation of research in HCU establishing its impact on intellectual functioning, previous studies were cross-sectional and focused on overall summary scores
- Additional evaluation of the impact of HCU on cognitive function over time and on subdomains of cognition is important to further inform our understanding of how HCU affects the day-to-day lives of patients and how to design potential new treatment options

#### **Objectives**

- To understand if the impact of HCU on cognitive function is global or if there is a differential impact on individual domains of cognition
- To determine if there are meaningful changes in cognition longitudinally over a time frame that is relevant to potential clinical trials

- This is a prospective, observational, longitudinal, multicenter, multinational, natural history study of HCU
  - Target enrollment for this study is 150 participants at 8 sites across the US, UK, and Ireland
  - Enrolled patients will have clinically documented diagnosed HCU based on the presence of elevated levels of total homocysteine and either enzymatic or genetic confirmation of HCU
- Cognitive function is evaluated with the Cognition Battery and Early Cognition Battery subsets of the NIH Toolbox (hereinafter referred to as NIHTB-CB), a multi-dimensional assessment tool used to measure cognitive functioning of patients at every visit over the course of the study (validated for the age groups included in this study) (Figure 1)
  - These assessments are performed on a tablet every 6 months over a period of 78-months (6.5-years) in person by qualified research staff
  - Each assessment includes 7 activities and takes approximately 40 minutes to complete
- For each individual or composite score, observed values and change from baseline of uncorrected standard score, age-corrected standard score, and fully corrected T-score were summarized by age group and study visit

#### Figure 1. The NIHTB-CB Is Comprised of Seven Individual Domains and Three Composites



Study population was primarily Caucasian and from study sites within US, ÚK, and Ireland only

- There was heterogeneity in HCU treatment across patients, and in both the level and duration of treatment that patients received
- The NIHTB-CB is focused on domains of cognition that are broadly relevant to clinical trials. Other domains of cognition may be vulnerable in HCU but were not included within this specific study.
- The observation period for the analysis was two years and evaluation of longer-term data is needed given the slow progressive nature of HCU